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Psychology and Psychiatry with Fewer Meds and More Soul



A DEMOCRATIC MIND:

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ISRAEL W. CHARNY

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ABOUT THE BOOK

A Democratic Mind: Psychology and Psychiatry with Fewer Meds and More Soul focuses on how an individual lives her life, and on the extent of harm that an individual can inflict on herself or others. In this book, I.W. Charny provides a new lens for understanding regular people rather than treatments that alleviate symptoms.

ABOUT THE AUTHOR I.W. Charny is retired professor of psychology and family therapy at Hebrew University.

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